

# Ayelet TOURS

THE MEMORIES LAST FOREVER!



## Hadassah Tour of **ISRAEL** For First Timers



Led by Aileen Bormel  
Oct. 30 - Nov. 10, 2024

*Optional Extension:*  
Eilat & Petra, Jordan  
November 10 - 13, 2024



*Experience the magic of Israel, from ancient to modern, as only Hadassah can share! Traveling together in Israel is an opportunity to connect – with the people of Israel, with the land itself, and with each other. As a traveling community, we will bond through our shared experiences, from the fun and adventurous to the historical and spiritual.*

## DAY 1

**WEDNESDAY, OCTOBER 30, 2024**  
DEPARTURE

- We depart the United States on our overnight flights to Israel.

## DAY 2

**THURSDAY, OCTOBER 31, 2024**  
WELCOME TO ISRAEL!

- **Shalom and Bruchim Habaim** – Welcome to Israel! Our time in this incredible land has officially begun and our excitement mounts as we set off on the adventure ahead. Just beyond passport control, an Ayelet representative will meet us in the baggage claim area and assist us through customs.
- As we enter the holy city of **Jerusalem**, we drive by the **memorial to the victims of the Hadassah Medical Convoy Massacre in 1948** on our way to **Mount Scopus**. Here, we officially begin our tour together with a traditional **“Shehecheyanu”** ceremony as we stop for a panoramic view of Jerusalem, **City of Gold**, for the first time.
- Next, we visit **Hadassah Medical Organization’s (HMO) Mt. Scopus campus** for a tour and insider’s look into the facility, followed by a **VIP meeting with hospital leadership**.
- We enter the **Old City** via the **Zion Gate** and set out for lunch on our own.
- Later, we meet again and enjoy a walking tour of the **Jewish Quarter** with time for personal reflection at the **Kotel (Western Wall)**.
- We check into our hotel and freshen up.
- This evening, we enjoy our **welcome dinner** at a local restaurant with Hadassah friends and staff.

### Overnight in Jerusalem

### Physical Activity Scale





## DAY 3

FRIDAY, NOVEMBER 1, 2024  
HISTORY IN JERUSALEM

- Breakfast at our hotel.
- We begin our adventure underground in the **Old City** for a behind-the-scenes tour of the **Western Wall Tunnels**, where we discover the archaeological wonders that remained untouched for centuries Including some of the newest excavations.
- We continue with a walking tour through the **Jewish Quarter**, including time to shop in the **Cardo Market**.
- We are escorted by a gourmet chef at **Machane Yehuda** on a sensual immersion, engaging with the vibrant colors, smells and flavors. We wander through the pyramids of spices, bright-colored exotic vegetables, nuts, olives and delicious halva creations, while we are introduced to the most characteristic ingredients of the local cuisine and provided insight into Israeli food habits.
- Lunch on your own in and around the market area.
- We stop at the city entrance to see the **9/11 Memorial**, the only one of its kind outside the US.
- We return to our hotel for time to relax and refresh.
- As the sun begins to set, we come together for **Kabbalat Shabbat** with candle lighting at our hotel, followed by a festive **Shabbat dinner** in a private room.

### Overnight in Jerusalem

## DAY 4

SATURDAY, NOVEMBER 2, 2024  
SHABBAT SHALOM!

- Breakfast at our hotel.
- Spend the morning at leisure by attending **Shabbat services** or just relaxing.
- In the afternoon, we return to the **Old City** once again. We begin in the **Arab shuk**, then continue along the **Via Dolorosa** to the **Church of the Holy Sepulchre** in the **Christian Quarter**.
- Back at our hotel, we participate in an enlightening **dialogue with a local journalist** with an update on Israel today from the past war and where Israel is going in the near future.
- As evening rolls around, we join for **Havdalah together with Young Judea Year Course students**, then set out for **dinner** and exploration on our own as Jerusalem comes back to life after Shabbat.
- Tonight, we experience the **Tower of David Night Spectacular**, a sound and light show that transforms the walls of **David's Citadel** into the living story of **Jerusalem**.

### Overnight in Jerusalem



## DAY 5

SUNDAY, NOVEMBER 3, 2024  
THE NEGEV & ESHKOL

- Breakfast at our hotel.
- Today, we travel south and visit one of the **border villages** and learn about living on the border after October 7, 2023.
- We continue to **Sderot** and meet with the children and community leaders in the Western Negev.
- We stop for a view into the **Gaza** of today.
- Our journey continues at the **“Salad Trail”**, where we participate in a unique hands-on agricultural tour and witness how Israeli innovation is literally making the desert bloom with crops grown out of some of the most inhospitable sands imaginable. We will pick and taste fruits and vegetables from the kibbutz’s self-picking farm, encounter flying strawberries, tiny orange orchards, racing pigeons and herbal gardens. We complete our visit with a delicious **lunch**.
- Time permitting, we visit the **workshop of artist Yaron Bob**. Struck by the terror of shell attacks, Yaron decided to transform something horrible into something beautiful, and so began his artwork known as **“Rockets to Roses”**.
- We return to Jerusalem for dinner on our own.

### Overnight in Jerusalem

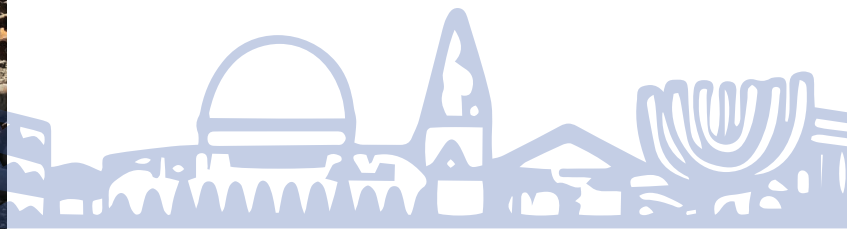


## DAY 6

MONDAY, NOVEMBER 4, 2024  
JERUSALEM AND HADASSAH

- Breakfast at our hotel.
- Today, we visit **Yad Vashem**, the national memorial to the six million Jewish victims of the Holocaust. Here, we explore some of the newly found materials relating to places, people and events connected to the Holocaust, including:
  - Avenue of the Righteous Among the Nations
  - Children’s Memorial
  - The Holocaust Museum
- Our time at Yad Vashem culminates in a group **memorial service** at the **Valley of the Lost Communities**.
- After lunch on our own, we visit **Hadassah Medical Organization’s (HMO) Ein Kerem Campus** for a tour of the **Sarah Wetsman Davidson Hospital Tower** and the iconic **Round Building**, featuring the most modern hospital facilities in the region. We meet with staff and patients and take an in-depth look at this cutting-edge medical facility and how it has adapted to ever-changing needs. We end our visit at the **Abbell Synagogue**, home of the famed **Chagall windows**.
- Next, we visit **Caliber 3** and experience an unforgettable afternoon of **IDF army training**, including one-on-one sessions and a **Krav Maga** crash course (you will need to wear closed-toe shoes and bring your passport).
- Free evening in Jerusalem and dinner on your own.

### Overnight in Jerusalem





## DAY 7

TUESDAY, NOVEMBER 5, 2024  
THE DEAD SEA BASIN

- Breakfast and check out of our hotel.
- We depart early and travel south to **Eretz Beresheet** for an **authentic Bedouin experience**, including a **camel ride** and **traditional tea ceremony**.
- We continue to the **Dead Sea basin** and ascend **Masada** by cable car to view the remains of King Herod's fortress, including the synagogue, walls and bathhouses, as we learn about the Jewish Zealots' last stand against the Roman forces.
- We descend the mountain and head to the beach for an unsinkable swim in the luxuriating, salty and mineral-rich waters of the **Dead Sea**, where we can cover ourselves in silky, healing mud and float at the lowest place on Earth.
- Lunch on our own.
- Later this afternoon, we drive along the **Jordan Valley** to our kibbutz in the **Galilee** and check in.
- After time to freshen up, we will join again for **dinner**.
- Following dinner, we get a **briefing from an IDF spokesperson** on the northern border with Lebanon and Syria.

### Overnight in the Galilee

## DAY 8

WEDNESDAY, NOVEMBER 6, 2024  
MYSTICAL SAFED/SECURITY  
IN THE GOLAN

- Breakfast at our kibbutz.
- Our day begins at **Kibbutz Malkia**, where we will meet **Eitan**, a graduate from Meir Shfeya, our youth aliyah village. We will visit an **IDF army unit** on the Lebanese border to learn about the steps they take to protect a small frontier community.
- Next, we travel to the mystical city of **Safed**, one of four holy cities in Israel and the center of Kabbalistic practice. We stroll through the cobblestone streets to view the beautiful ancient synagogues and shop in the artist's quarter.
- Lunch on our own.
- This afternoon, we set out on an exciting **jeep** tour through the **Golan Heights**, passing former Syrian bunkers on the way to the top of **Har Bental**, where we take in panoramic views of Syria and learn about the current geopolitical situation.
- We return to our kibbutz for **dinner** together.

### Overnight in the Galilee



## DAY 9

THURSDAY, NOVEMBER 7, 2024  
YOUTH ALIYAH AND THE  
ROAD TO TEL AVIV

- Breakfast and check out of our kibbutz.
- This morning, we travel west to the Crusader port of **Akko** and tour the massive **Hospitaller Fortress** and **Knight's Hall** that stood here as we learn about this historically important port.
- We drive to the top of **Mt. Carmel** in **Haifa** and bask in the breathtaking views of the beautiful **Bahai Gardens** below, then stop for a delicious falafel lunch on our own.
- We continue to **Hadassah's Meir Shfeyah Youth Aliyah Village**, where we will enjoy an insider's tour of the farm, winery and music classes.
- We travel south to **Tel Aviv**, where we are treated to a tour of the newly designed **ANU: Museum of the Jewish People**, which dynamically tells the 4,000-year-old story of the Jewish people.
- After checking into our hotel, we set out to explore and enjoy dinner on our own.

### Overnight in Tel Aviv

## DAY 10

FRIDAY, NOVEMBER 8, 2024  
TOURING TEL AVIV

- Breakfast at our hotel.
- We begin our day with a tour of the **Ayalon Institute**, where we discover the underground ammunition factory that played a pivotal role in Israel's fight for independence.
- Next, we visit the **Peres Center for Peace** and learn about its founder, President Shimon Peres. Here, we get a glimpse into Israel's high-tech advances in the fields of science, medicine, security and space at its interactive exhibition.
- We continue with a walking tour in the ancient port city of **Jaffa**. Filled with storied history, we wander through the cobblestone alleyways and admire the artist galleries, all framed by views of the sea.
- As evening falls, we come together to enjoy **Shabbat dinner** at our hotel.

### Overnight in Tel Aviv





## DAY 11

SATURDAY, NOVEMBER 9, 2024  
CULTURAL TEL AVIV

- Breakfast at our hotel.
- Enjoy the morning at leisure relaxing along the Mediterranean beach front.
- This afternoon, we stroll through the **Neve Tzedek neighborhood** to see the **artistic graffiti** painted on the walls and buildings and learn how it has become an important form of expression in the community. We will be looking for hints from the past war within the graffiti.
- Next, we follow the **Independence Trail** for a walking tour through the **Ahuzat Bayit neighborhood**, from which the city originally developed.
- Our time together comes to an end at our festive **farewell dinner**, where we recall all we have experienced on our journey.
- After dinner, those departing will check out of our hotel and transfer to the airport for their flights back to the United States, landing tomorrow morning.

Overnight flight or overnight in Tel Aviv

## OR JOIN OUR EXTENSION TO EILAT & PETRA, JORDAN

## DAY 12

SUNDAY, NOVEMBER 10, 2024  
TO EILAT

- Breakfast and check out of our hotel.
- This morning, we transfer to the airport for our short **flight to Eilat**.
- Upon arrival, we check into our hotel and enjoy the remainder of the day at leisure relaxing by the pool or on the shores of the Red Sea.
- Dinner on your own.

Overnight in Eilat

## DAY 13

MONDAY, NOVEMBER 11, 2024  
PETRA - THE EIGHTH WONDER  
OF THE WORLD

- Breakfast at our hotel.
- This morning, we cross the border into Jordan and begin our full day tour of **Petra**, the Red Rose City. We explore the **Nabatean City** (as seen in *Indiana Jones and the Last Crusade*), then walk through the **Siq** and view the ancient temples. We also discover the famous **Treasury**, the **Roman Theater** and more at this Eighth Wonder of the World.
- On our way back to the border, we pass **Wadi Rum**, a desert wilderness with sandstone mountains and natural arches.
- Dinner on your own.

Overnight in Eilat

## DAY 14

TUESDAY, NOVEMBER 12, 2024  
LEISURE/DEPARTURE

- Breakfast at our hotel
- Enjoy the day at leisure relaxing by the pool, on the beach or exploring the **Underwater Aquarium**.
- Early this evening, we check out of our hotel and transfer to the airport for our flight back to Tel Aviv, connecting with our flight back to the United States.

## DAY 15

WEDNESDAY, NOVEMBER 13, 2024  
WELCOME HOME!

- We arrive back in the United States this morning.

**THE MEMORIES LAST FOREVER!**

*\*Itinerary subject to change*

