

# Together in **ISRAEL** Mothers, Daughters & Friends



Led by Ellen Hershkin  
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June 23 - July 3, 2024



*Fun and adventure await on this Hadassah exclusive Israel tour. Mothers, daughters, friends (grandmothers and aunts too!) are invited to join together in discovering the wonders of Israel – from a chef-led cooking class in Tel Aviv, to frontier visits in the southern Eshkol Region, we will learn and celebrate together. We'll also hear from leading female thinkers in Israel. This will be an experience to be savored and shared across generations!*

## DAY 1

**SUNDAY, JUNE 23, 2024**  
DEPARTURE

- We depart the United States on our overnight flights to Israel.

## DAY 2

**MONDAY, JUNE 24, 2024**  
WELCOME TO ISRAEL!

- Shalom and bruchim habaim – welcome to **Israel!** Our time in this incredible land has officially begun and our excitement mounts as we set off on the adventure ahead. Just beyond passport control, an Ayelet representative will meet us in the baggage claim area and assist us through customs.
- We begin our journey at **Neot Kedumim** to **plant trees**. It is a meaningful act to mark the start of our time together, connecting us physically and spiritually to the land of Israel.
- Lunch on our own.
- Next, we drive to the **Agam Museum** to view the kinetic artwork of the legendary **Yaacov Agam**, whose work has been described as a “visual symphony” of images based on Jewish-Kabbalistic iconography.
- We travel to **Old Jaffa**, where we will meander through the winding streets to browse the art galleries and take in the views of the sea while learning about this historically important port.
- Later this afternoon, we check into our hotel and refresh, followed by a **welcome dinner** at a local restaurant with family and Hadassah friends.

### Overnight in Tel Aviv

### Physical Activity Scale





## DAY 3

TUESDAY, JUNE 25, 2024  
PAST TO FUTURE IN TEL AVIV

- Breakfast at our hotel.
- We begin our day at the **Peres Center for Peace & Innovation**, founded by former President Shimon Peres. The center is a non-political, non-governmental organization focused on building a more prosperous Israel and a more peaceful Middle East through innovation, technology and cutting-edge coexistence programs.
- We take a walking tour through the **Neve Tzedek neighborhood** and on the **Independence Trail** through the **Ahuzat Bayit** neighborhood, where the city was originally developed.
- We continue with a special docent-led tour of the newly designed **ANU: Museum of the Jewish People**, which tells the 4,000-year-old story of the Jewish people.
- We stroll through the **Nachalat Binyamin** arts and crafts market then enjoy time for dinner on our own.

Overnight in Tel Aviv

## DAY 4

WEDNESDAY, JUNE 26, 2024  
DIGGING INTO THE PAST &  
AMAZING VEGAN COOKING CLASS

- Breakfast at our hotel.
- This morning, we visit the **Ayalon Institute**, where we discover the underground ammunition factory that played a pivotal role in Israel's fight for independence.
- Next, we travel to **Beit Guvrin** for a hands-on archaeological dig, allowing us the opportunity to unearth remnants from Israel's ancient past. Those who wish can participate in **cave crawling** through the underground tunnel.
- Lunch on our own.
- Next, we stroll through the **Florentin neighborhood** to see the **artistic graffiti** painted on the walls and buildings and learn how it is an important form of expression in the community.
- After time to refresh, we participate in a **cooking class** with a chef titled "**I Do Not Believe it is Vegan**", culminating in a delicious **dinner**. Be ready to be surprised!

Overnight in Tel Aviv



## DAY 5

THURSDAY, JUNE 27, 2024  
ESHKOL REGION

- Breakfast and check out of our hotel.
- Today, we travel south and visit one of the **Gaza border villages**. We will encounter the difficult realities of life on the border after October 7, 2023.
- Next, we visit **Sderot** and meet with the children and community leaders in the Western Negev.
- We stop for a view into the **Gaza** of today and discuss the fallout from the war and the long-term outlook for the region.
- Our journey continues at the **“Salad Trail”**, where we participate in a unique hands-on agricultural tour and witness how Israeli innovation is literally making the desert bloom with crops grown out of some of the most inhospitable sands imaginable. We will pick and taste fruits and vegetables from the kibbutz’s self-picking farm, encounter flying strawberries, tiny orange orchards, racing pigeons and herbal gardens. We completed our visit with a delicious **lunch**.
- We visit the **workshop of artist Yaron Bob**. Struck by the terror of shell attacks, Yaron decided to transform something horrible into something beautiful, and so began his artwork known as **“Rockets to Roses”**.
- We ascend to **Jerusalem**, stopping atop **Mt. Scopusto** to say the **“Shehecheyanu”** as we look out over the **City of Gold** for the first time.
- We check into our hotel then set out for dinner on our own in the **Machane Yehuda Market**.
- Optional: This evening, in preparation for Shabbat, we will participate in a fun and delicious **challah baking workshop**, including time to bake, eat and talk.

### Overnight in the Jerusalem

## DAY 6

FRIDAY, JUNE 28, 2024  
REMEMBER THE PAST, EXPERIENCE  
TODAY & PLAN FOR THE FUTURE

- Breakfast at our hotel.
- Today, we visit **Yad Vashem**, the national memorial to the six million Jewish victims of the Holocaust. Here, we explore some of the newly found materials relating to places, people, and events connected to the Holocaust, including:
  - Avenue of the Righteous Among the Nations
  - Exhibit of children’s drawings
  - Children’s Memorial
  - Holocaust Museum
- We complete our visit with a group **Memorial Service** at the **Valley of the Lost Communities**.
- Lunch on our own.
- This afternoon, we set out on a **geopolitical bus tour with Res. Col. Danny Tirza** who served in the Israeli intelligence community and retired from active duty at the rank of full colonel. After retiring from the military, he served as the Israeli Prime Minister’s International Media Advisor. During our tour we will learn about the current security and border issues around Jerusalem as we view the widely discussed security fence that runs from Ramallah to Bethlehem.
- As the sun sets, we join to welcome **Shabbat** at the **Kotel (Western Wall)** with the people of Jerusalem, followed by a **Shabbat of a Lifetime dinner** featuring home hospitality.

### Overnight in Jerusalem





## DAY 7

SATURDAY, JUNE 29, 2024  
SHABBAT SHALOM!

- Breakfast at our hotel.
- Enjoy Shabbat morning at leisure relaxing or attending **Shabbat services** on your own.
- This afternoon, we gather for the **Great Zionist Women Walking Tour**. We'll hear the stories behind the streets and squares named after great women integral to Israeli history, including **Levitov Zohara** (the first female pilot in the IDF to perish in Jerusalem in 1948), **Netiva Ben Yehuda** (Israel military officer, warrior and scholar of spoken Hebrew), and many others.
- We return to our hotel for **Havdalah**, marking the end of Shabbat and the beginning of a new week.
- We join a **painting workshop**. Together with our family and friends, we create artwork reflecting the emotions of Jerusalem as we felt them today.
- This evening is at leisure for you, our "mothers, daughters and friends", to relax, go shopping and enjoy dinner on your own.

**Overnight in Jerusalem**

## DAY 8

SUNDAY, JUNE 30, 2024  
HMO, IDF & TRADITION

- Breakfast at our hotel.
- This morning, we visit **Hadassah Medical Organization's (HMO) Ein Kerem Campus** for a tour of the **Sarah Wetsman Davidson Hospital Tower** and the iconic **Round Building**, featuring the most modern hospital facilities in the region. We meet with staff and patients and take an in-depth look at this cutting-edge medical facility and how it has adapted to ever-changing needs. We end our visit at the **Abbell Synagogue**, home of the beautiful **Chagall windows**.
- Lunch on our own.
- This afternoon, we experience the ultimate adventure at **Caliber 3**, including the chance to learn some of the Israeli methods for shooting and combat as well as **Krav Maga**. We learn from the experts about weapons handling, counter-terrorism tactics and the values that guide the Israeli Defense Forces (please wear closed-toe shoes and bring your passport).
- Tonight, we enjoy **dinner** at our favorite restaurant, **Piccolino**.

**Overnight in Jerusalem**



## DAY 9

MONDAY, JULY 1, 2024  
YOUTH ALIYAH VILLAGE  
AND THE SQUADRON

- Breakfast at our hotel.
- Today, we travel north on **Route 6** where we will pass the **security fence**. We hear from former Hillel president, **Avraham Infeld** about the barrier's importance to the safety and security of the people of Israel.
- We arrive at **Hadassah's Meir Shfeyah Youth Aliyah Village**, where we will enjoy an insider's tour of the farm, winery and music classes.
- We continue to **Zichron Yaakov** to stroll through the streets and browse the shops of this charming European-style village.
- Lunch on our own.
- This afternoon, we visit the **Ein Hod artist colony** and take part in a **glass workshop**.
- On the way back to Jerusalem, we stop at **The Squadron**, where we meet pilots from the air force as we learn to fly an F-15.
- Dinner on own tonight.

### Overnight in Jerusalem



## DAY 10

TUESDAY, JULY 2, 2024  
FROM ANCIENT JERUSALEM TO  
MODERN DAY CULINARY SURPRISES

- Breakfast and check out of our hotel.
- This morning, we explore the well-preserved archaeological wonder of **Ir David, the City of David**. The amazing new excavations include a sophisticated water system that we will walk through, helping to bring the Bible to life.
- We enter the **Old City** and head underground for a tour of the **Western Wall Tunnels**, where we discover the archaeological wonders that remained untouched for centuries.
- We continue with a walking tour through the **Jewish Quarter**, including time to shop in the **Cardo Market**.
- Next, we visit the **9/11 Memorial**, the only one of its kind outside the US.
- This evening, we enjoy a festive **varewell dinner**, recalling all that we have experienced together on this journey.
- We transfer to Ben Gurion Airport for our overnight flights back to the United States.

## DAY 11

WEDNESDAY, JULY 3, 2024  
RETURN TO THE U.S.

- We arrive back in the United States this morning.

**THE MEMORIES LAST FOREVER!**

*\*Itinerary subject to change*

